

**fouratefive
crown street surry hills
breakfast menu**

toast

organic sourdough, soy & linseed or rye spelt w/ preserves & butter **5**
w/ avocado & fresh tomato **9**

fruit toast

fruit spelt bread served toasted w/ preserves & ricotta. **6**

banana mini-loaf

served w/ cinnamon butter **5.5**

muesli

choice of natural or granola topped w/ seasonal fruit & organic yoghurt **10**

bircher-style muesli

made with apple juice, organic yoghurt & macadamias, topped with seasonal fruit **12**

free range eggs

served scrambled, fried or poached w/organic sourdough, soy & linseed or rye spelt, then add: **9**

bacon	3.5	beef chipolatas	3.5
smoked salmon	4	ricotta	2.5
roasted truss tomatoes	3.5	potato & fennel hash	3.5
mushrooms	3	avocado	3
haloumi	4	wilted spinach	3.5

toasted sandwich

smoked ham, gruyere cheese, potato & fennel hash & béchamel sauce on organic sourdough **12**

baked eggs

moroccan baked eggs w/ almonds, labne & organic sourdough **17**

homemade creamed corn

topped with two poached eggs & crispy bacon, served w/ organic sourdough toast **17**

blt

served on organic sourdough w/ homemade aioli **10**
w/ avocado **12**

french toast

stuffed with bananas & served with maple syrup, mascarpone & rhubarb **14**

mexican breakfast

mexican bean mix on toast w/ tomato, avocado & spanish onion salsa, topped w/ either fried eggs (**vegetarian**) or crispy tofu (**vegan**) **14**
add bacon or haloumi **17**

smoked salmon and avocado

on organic sourdough with ricotta, fresh parsley & poached eggs **16**

* **Drinks on the back of the menu!**

* **BYO: Beer/wine \$2.00 per head**

* **If something sweet tickles your fancy, check out our daily range of cakes & pastries**

**fouratefive
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lunch menu**

small bites

6

hand cut chips w/ sea salt & rosemary
kumera chips w/ homemade aioli

sandwiches/burgers

roast beef w/ onion relish, fresh tomato, dijon mustard, aioli, polski ogorki & cos lettuce on grilled sourdough **13**

ricotta cheese, semi-dried tomatoes, avocado, pickled beetroot & rocket served on soy & linseed w/ balsamic reduction **12**

3 cheese, spicy italian meatball melt on sourdough w/ rocket & olive oil **15**

poached free-range chicken on white sourdough w/ homemade hummus, alfalfa & spiced eggplant salsa (eggplant, peppers, tomato & haloumi) **13**

pulled pork on grilled sourdough w/ fresh cucumber, aioli, apple & tomato chutney & rocket **13**

beef burger w/ pickled beetroot, aioli, cheddar, onion relish, lettuce & tomato chutney, served w/ hand cut chips **17**

veggie burger w/ cheddar, tomato chutney, rocket, pickled beetroot & aioli, served w/ hand cut chips **15**

salads

grilled wild barramundi w/ lebanese fatoush salad & homemade salsa verde **20**

caesar salad w/ poached egg, croutons, bacon & white anchovies **16**
add poached chicken **18**

warm pulled pork salad w/ crispy noodles, spanish onion, shredded carrot, capsicum, coriander & sweet soy dressing **16**

poached chicken & roast beetroot salad w/ toasted walnuts, tomato, ricotta, rocket & spanish onion **18**

homemade pot pies

spanish free-range chicken pie **15**

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**fouratefive
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drinks menu**

single origin coffee (organic/fair trade)

ristretto espresso macchiato	3	latte flat white cappuccino long black double macchiato	4 4.5 mug
mocha hot chocolate	4	soy decaf	0.5

world par-tea loose leaf teas 4

english breakfast earl grey lady grey organic chinese sencha	okinawa green tea organic peppermint organic chamomile
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fresh mint tea 4

pot of marsala chai tea 4.5
made with brewed milk & honey

fresh juices 5.5
apple, pineapple & mint
orange, pineapple & passionfruit
watermelon, pear & mint
carrot, apple & ginger

shakes 6
chocolate deluxe
vanilla

fresh fruit smoothies 7.5
banana, cinnamon & honey
strawberry and vanilla

coffee frappe 6
espresso blended with ice, milk and a dash of caramel

sparkling drinks (organic) 3.5

ginger beer, cola, lemonade, sparkling water
sparkling apple, sparkling cranberry & lime, sparkling feijoa

san pellegrino (600ml) 4.5

bottled fruit juice (organic) 3.5
take a look in the drink fridge!

pure still spring water 2.5